



Christ Church Cathedral, Mobile, Alabama

Holy Communion of the Simple Presence

The Feast of Teresa of Avila

Wednesday, October 15, 2025

5:15 p.m.

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*We invite you to participate in the worship of God. Our service is Enriching Our Worship. For ease of use, this booklet contains the congregational portions of the liturgy and service music. Congregational responses are printed in bold. Hymn numbers refer to The Hymnal 1982. Page Lesson and Gospel texts are taken from the New Revised Standard Version of the Bible. This year, when appropriate, the lessons for this service will commemorate Saints of the Episcopal Church.*

Prelude

Welcome

The Word of God

The Collect of the Day

*Celebrant:* God be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

O God, by your Holy Spirit you moved Teresa of Avila to manifest to your Church the way of perfection: Grant us, we pray, to be nourished by her teaching, and enkindle within us a keen and unquenchable longing for true holiness; through Jesus Christ, the joy of loving hearts, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen**

# The Lessons

Psalm 42:1-7

*Quemadmodum*

BCP 643



- <sup>1</sup> As the deer longs for the water-**brooks**, \*  
so longs my soul for you, O **God**.
- <sup>2</sup> My soul is athirst for God, athirst for the living **God**; \*  
when shall I come to appear before the presence of **God**?
- <sup>3</sup> My tears have been my food day and **night**, \*  
while all day long they say to me,  
“Where now is your **God**?”
- <sup>4</sup> I pour out my soul when I think on these **things**: \*  
how I went with the multitude and led them into the  
house of **God**,
- <sup>5</sup> With the voice of praise and **thanksgiving**, \*  
among those who keep holy-**day**.
- <sup>6</sup> Why are you so full of heaviness, O my **soul**? \*  
and why are you so disquieted within **me**?
- <sup>7</sup> Put your trust in **God**; \*  
for I will yet give thanks to him,  
who is the help of my countenance, and my **God**.

*Silence.*

Phos hilaron

*The Eighth Tune*

Hymnal 25

O gracious Light, Lord Jesus Christ, in you the Father’s glory shone.  
Immortal, holy, blest is he, and blest are you, his holy Son.  
Now sunset comes, but light shines forth, the lamps are lit to pierce the night.  
Praise Father, Son, and Spirit: God who dwells in the eternal light.  
Worthy are you of endless praise, O Son of God, Life-giving Lord;  
wherefore you are through all the earth and in the highest heaven adored.

The Holy Gospel:

*Mark 1:35-39*

*Celebrant:* The Holy Gospel of our Lord Savior Jesus Christ according to Mark.

*People:* **Glory to you, Lord Christ.**

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Celebrant:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

## Meditation

*Silence.*

### The Prayers of the People: Form II

*The leader and people pray responsively.*

BCP 385

*Celebrant:* I ask your prayers for God's people throughout the world; for our Bishop, Russell; for this gathering; and for all ministers and people.

Pray for the Church.

*Silence.*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

*Silence.*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

*Silence.*

I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

*Silence.*

I ask your prayers for the departed.

Pray for those who have died.

*Silence.*

Praise God for those in every generation in whom Christ has been honored especially Teresa of Avila whom we remember today.

Pray that we may have grace to glorify Christ in our own day.

*Silence.*

### Confession of Sin

BCP 359

*Celebrant:* Let us confess our sins to God.

*Celebrant and People:*

**God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.**

**Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.**

*Celebrant:*

Almighty God have mercy on you, forgive you all your sins through the grace of our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### The Peace

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

# The Holy Communion

## The Offertory

Solo

Henry Purcell  
(1659-1695)

*Thou Knowest, Lord, the Secrets of Our Hearts*

Mollie Adams, *soprano*

Thou knowest, Lord, the secrets of our hearts; shut not,  
shut not Thy merciful ear unto our prayer;  
but spare us, Lord, spare us, Lord most holy, O God,  
O God most mighty O holy and most merciful Savior,  
Thou most worthy Judge eternal, suffer us not,  
suffer us not at our last hour, for any pains of death,  
for any pains of death, to fall, to fall from thee. Amen.

## The Great Thanksgiving

*Eucharistic Prayer I*

EOW 57

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give our thanks and praise.**

*Celebrant:* It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## *Sanctus*

Hymnal S-124

**Holy, holy, holy Lord, God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*Celebrant:* Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised us prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my body which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

*Celebrant and People:*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Celebrant:* Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Teresa of Avila and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

## The Lord's Prayer

BCP 364

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## Fraction Anthem

EOW 69

*Celebrant:* We break this bread to share in the Body of Christ.

*People:* **We who are many are one body, for we all share in the one bread.**

## Post Communion Prayer

*Celebrant:*

Let us pray.

*Celebrant and People:*

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## Blessing

EOW 70

*Celebrant:* God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. **Amen.**

## Dismissal

## Closing Hymn

*Simple Gifts*  
Hymnal 554

*'Tis the gift to be simple*

'Tis the gift to be simple, 'tis the gift to be free,  
'tis the gift to come down where we ought to be,  
and when we find ourselves in the place just right,  
'twill be in the valley of love and delight.  
When true simplicity is gained  
to bow and to bend we shan't be ashamed,  
to turn, turn, will be our delight  
till by turning, turning we come round right.



## TERESA OF AVILA

(1515-1582)

REFORMER AND CONTEMPLATIVE

*Christ has no body now but yours  
No hands, no feet on earth but yours  
Yours are the eyes through which He looks  
compassion on this world  
Christ has no body now on earth but yours.*

St. Teresa was born in Avila, Spain. In 1534 she entered the monastery of the Incarnation of the Carmelite nuns in Avila. While a nun she had numerous visions. In 1559 Teresa had a vision in which she was convinced that Christ was present to her in bodily form, though invisible. Teresa was very much concerned about the laxity in the Carmelite monasteries and resolved to reform them. In 1562 she established the monastery of St. Joseph in Avila, and there she wrote the first of her mystical treatises, *The Way of Perfection*. Under her leadership a number of reform convents were founded in Spain. St. John of the Cross was encouraged by Teresa to seek the reform of the Carmelite friars. Teresa is known for her mystical contemplative spiritual writings, especially *The Interior Castle*. She died in Alba de Tormes, and was canonized in 1622. Teresa was declared a Doctor of the Church by the Roman Catholic Church. She is commemorated in the Episcopal calendar of the church year on October 15.

# CATHEDRAL NOTES

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## TELL OUT MY SOUL: ANNUAL GIVING 2026

Be a pledging member of the Cathedral Family in 2026.

Look for more information coming soon.

## ANNUAL PARISH MEETING

SUNDAY, DECEMBER 7

Update on giving.



## ALL SAINTS' SUNDAY CELEBRATION

Sunday, November 2

Festival Eucharist begins at 10:00 a.m.

A celebration of our ministry follows.

## CELEBRATING ALL THE SAINTS

### PLEASE GIVE US THE NAMES OF YOUR LOVED ONES

On November 2 we will remember and celebrate the Communion of Saints, including all those we love but whom we see no longer. We pray with special intention for those who have died since the previous All Saints' Day. If you have a family member or friend who has died since November 3, 2024, their name will be included in a list published in the bulletin. If you have a loved one who might not be on our list, please make a note and include it in the alms basin or send an email to Melissa Hicks at [mhicks@christchurchcathedralsmobile.org](mailto:mhicks@christchurchcathedralsmobile.org). A

list of names of those prayed for this year, and those we have remembered in years past can be found on our website at: <https://www.christchurchcathedralsmobile.org/all-saints-Sunday>.



## LOAVES AND FISH

Sunday, October 19 and Monday, October 20

Next Sunday, we will pack lunches in the servery immediately following worship.

Monday, we will distribute the lunches outside from 11:30 a.m. to 1:00 p.m.

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Hymnal 25: Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895-1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?-1585). *Thou Knowest, Lord, the Secrets of Our Hearts*: Words: *The Book of Common Prayer*. Music: Henry Purcell (1659-1695).

Hymnal S-124: Setting: From: *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc.

Hymnal 554: Words: Shaker song, 18th cent. Music: *Simple Gifts*, Shaker melody..



## Ministers For Today

Celebrant ..... The Reverend Thomas K. Heard  
Organist.....Josh Coble  
Cantor.....Mollie Adams  
Altar Guild ..... Barbara Archer, Skip Archer, Linda Grill



## CHRIST CHURCH CATHEDRAL CATHEDRAL OF THE DIOCESE OF THE CENTRAL GULF COAST

The Right Reverend J. Russell Kendrick, *Bishop*  
The Very Reverend Beverly F. Gibson, Ph.D., *Rector and Dean*  
The Reverend Thomas K. Heard, *Priest Associate*  
The Reverend Pratt Paterson, *Deacon*  
Dr. Joshua H. Coble, *Organist and Choirmaster*  
Mollie A. Adams, *Cantor*  
Andy R. Palileo, *Audio-Visual Specialist*

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