



CHRIST CHURCH CATHEDRAL  
Children's Liturgy  
The Eighth Sunday after Pentecost  
Sunday, July 18, 2021

**Song**

*Jesus Loves Me*

Jesus loves me this I know, For the Bible tells me so.  
Little ones to Him belong, They are weak but He is strong  
Jesus loves me this I know, For the Bible tells me so.  
Little ones to Him belong, They are weak but He is strong  
Yes, Jesus loves me, Yes, Jesus loves me.  
Yes Jesus loves me, for the Bible tells me so

*Leader:*

This is a time to collect our thoughts and give them to the Lord.

**Collect for Purity:**

Prepare our hearts to worship God. Open our minds and hearts. **Amen.**

**Collect of the Day:**

Thank you, God, for this time we have today to be together, to hear about Jesus, to play, and to rest. **Amen.**

*All sit.*

**The Lesson:**

We are now in the long season known as Ordinary Time, the season after Pentecost which runs until after Thanksgiving. As we take this journey, we are invited to be on the lookout for all the blessings found in the ordinary—to see God at work here and now. It is a time in which the mission of the church is carried out in the day-to-day life of its members. In Ordinary Time we will probably encounter some out-of-the-ordinary events in our own lives and possibly even in our life together as the Cathedral Family. The gift of this time is finding the hidden blessings amid the ordinary occurrences. And we are asked to share our blessings with others. The Scriptures for the Sundays from now until Advent are called Propers. Today is Proper 11. The Gospel for this year is Mark.

In today's lesson Jesus shows us we need to take time for ourselves, to rest, to pray, and to check in with God. Today's theme is "Rest and Healing."

*Leader:* A Reading from the Gospel according to Mark.

Jesus and his friends had been working hard. They had traveled all over the countryside to tell people many things about God, and they helped people who were sick to get well. Jesus was tired and the disciples were tired. Jesus said to them, "Let's go someplace where we can rest," So his friends got in a boat to go to the other side of the lake. Jesus came along later. Jesus had some time to just rest and be quiet with God.

*This is the end of the lesson so I say:*

The Word of the Lord.

*And you say:*

**Thanks be to God.**

## **Children's Creed:** *All stand.*

*All:* **We believe in God / Who made us and everything / We believe in Jesus Christ / Who is God's son / We believe in the Holy Spirit / Who helps us grow. Amen.**

## **Prayers of the People:** *All kneel.*

*Leader:* We pray for our clergy: Dean Beverly and everyone in the church.

*All:* **Jesus, Hear our prayer.**

*Leader:* We pray for the leaders of the world, so we can live in peace.

*All:* **Jesus, Hear our prayer.**

*Leader:* We pray for our families, that Your love may fill our hearts

*All:* **Jesus, Hear our prayer.**

*Leader:* We pray for the boys and girls and their families who are hungry, and give thanks for those who help them.

*All:* **Jesus, Hear our prayer.**

*Leader:* We pray for all people who are sick or sad.

*All:* **Jesus, Hear our prayer.**

*Leader:* We pray for all who have died.

*All:* **Jesus, Hear our prayer.**

*Leader:* We ask all these things in the name of your Son, Jesus Christ.

*All:* **Jesus, Hear our prayer.**

## **Confession:** *Remain kneeling and repeat after the leader.*

*All:* **Dear God / I am sorry that I have done things, / and I should not have done. / I ask you to forgive me / for hurting friends and those I love. / Please help me to do better. / Thank you, God, for your love. Amen.**

*Leader:* **Thank you God for hearing us. / We know that you forgive us. / We know that Jesus loves us. / We know that the Holy Spirit / Keeps us in God's care. Amen.**

## **Closing Prayer**

*All:* **Oh, Lord Jesus, I praise you this day. / I give myself to you this day / I ask you to help me this day. Amen.**

**Help us to always remember that you are at the center of our family and you call us into a larger family. Amen**

## **The Peace**

*Leader:* The peace of the Lord be always with you.

*All:* **And also with you.**

## **Activity**

Tell the children they are going to pretend they are on the very best vacation ever, and they can go wherever they want—because it will be in their imagination. For instance, if you find want to be near the ocean, pretend to be at the beach. What will they find there? Water to play in? Sand to make sand castles with? Make some pretend sand castles. Now do more deep breathing. If you want to be in the mountains, pretend to climb a high mountain and rest at the top. While you are enjoying the imaginary view, do some deep breathing. If the children suggest imagining they are in Disneyland, be sure to help them imagine what they would do there and make time to rest and breath deeply.

Ask the kids to draw and color a picture of the vacation they imagined.